

Homecare- Final Crowns Homecare-Permanent Bridge

Final Crowns

Now that we've placed your final crown, it's important to follow these recommendations to ensure its success.

Avoid chewing until numbness wears off.

Use desensitizing toothpaste.

Rinse with warm salt water.

Chewing and eating

If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely. To protect your crown, avoid chewing ice or other hard objects.

Brushing and flossing

Brush and floss normally. If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity persists beyond a few days, call us.

Medications and discomfort

Take antibiotics or other medications only as directed. To reduce any discomfort or swelling, rinse your mouth 3 times a day with warm salt water. Use about 1 teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

Permanent Bridges

Now that we've placed your permanent bridge, it's important to follow these recommendations to ensure its success:

Avoid chewing until numbness wears off.

Use desensitizing toothpaste.

Rinse with warm salt water.

Chewing and eating

If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off.

Brushing and flossing

To protect your bridge, carefully follow our instructions for keeping the areas around and under the bridge free of bacteria. We may recommend special floss, brushes, or other cleaning aids. If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity increases or persists beyond a few days call us.

When to call us

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.